

Amendments to the Claims:

This listing of claims replaces all prior versions and listings of claims in the application:

Listing of Claims:

Claims 1-45 (Canceled).

46. (Currently Amended) A method of measuring blood pressure using a wrist sphygmomanometer including a body and including a cuff attached to the body and wrapped around the wrist, said body being attached to the cuff in a manner to allow the body to be located on a thumb side of an arm when the wrist sphygmomanometer is fitted on the wrist, comprising:
fitting ~~said~~ the wrist sphygmomanometer on ~~the~~ a subject's wrist;
placing the wrist with the wrist sphygmomanometer fitted thereon on the subject's chest ~~a subject~~; and
reading a value detected by ~~said~~ the wrist sphygmomanometer with the wrist placed on the chest, wherein a positioning system provides a first signal that indicates that the sphygmomanometer is at an appropriate measuring level ~~by providing an acoustic signal, and a second signal that guides and further comprising a display that includes arrows which guide a user~~ the subject to the appropriate measuring level.

Claims 47-49 (Canceled).

50. (New) The method of measuring blood pressure of claim 46, wherein the first signal is an acoustic signal.

51. (New) The method of measuring blood pressure of claim 46, wherein the first signal is a visual signal.

52. (New) The method of measuring blood pressure of claim 51, wherein the first signal includes a red light indicating an inappropriate measuring level and a green light indicating an appropriate measuring level.

53. (New) The method of measuring blood pressure of claim 46, wherein the first signal is provided at the start of, or during blood pressure measurement.

54. (New) The method of measuring blood pressure of claim 46, wherein the second signal includes displaying arrows that guide a user to the appropriate measuring level.

55. (New) The method of measuring blood pressure of claim 46, wherein the second signal includes a flashing light that guides a user to the appropriate measuring level.

56. (New) A method of measuring blood pressure of a user using a wrist sphygmomanometer including a body, and a cuff attached to the body, comprising:

- fitting the wrist sphygmomanometer on the user's wrist including locating the body on a thumb side of the user's arm;

- placing the wrist on the user's chest; and

- reading a value detected by said wrist sphygmomanometer with the wrist placed on the chest; and

- prompting the user to adopt an appropriate measuring position including displaying a visual signal on the display that guides the user to an appropriate measuring position.

57. (New) The method of claim 56, wherein the visual signal includes arrows that guide the user to an appropriate measuring level.